

Report by Rugbwa on Support to IDPs Funded By KNTS

Kola Nut Tree Services, Inc. funded [Rugbwa](#) (Rural and Urban Grassroots Business Women Association) to support IDPs (Internally displaced persons due to war) in Cameroon. Below is their report:

~~~~~ .. ~~~~~

### A REPORT ON THE FIVE MONTH HUMANITARIAN AID TO IDPs IN MILE 5 NKWEN BY RUGBWA FUNDED BY KOLA NUT TREE SERVICES

The persistent crisis which has been hitting the English speaking part of the country for the past four years has let to so many lives lost houses burnt and other facilities destroyed. As a result of all these damage, a lot of families have migrated from their original locality /homes to other regions of the country and some to major towns where there is reduced insecurity. In the locality of mile 5 Nkwen we found a family hosting 15 IDPs excluding their family members(8) giving an overall total of 23 persons. Amongst these IDPs we have a visually impaired woman, an old woman living in the house.

With the increase in number of persons inhabiting that home, the expenditure of and financial burden became heavy as house hold expenses had doubled. Below is a list of IDPs found in that home.

====Names edited for privacy reasons and child protection protocol====

1. Mami N Justi age 85years
2. Thoedora L age 48 years

3. Vero age 18 years
4. Harriette age 14 years old
5. R N age 18
6. Des S age 12 years
7. K S age 9
8. AG age 4years
9. Ny age 4years
- 10.K K age 3years
- 11.K' bong L age 35 years
- 12.Q Bih age 12 years
- 13.P'nette age 12 years
- 14.Main N age 25 years
- 15.Christy N age 17years

As a means to assist them, to meet up with their upkeep, we engaged in humanitarian activities with them by providing food stuffs, basics necessities such as soaps, body lotion, and sanitary pads for the girls. We have been carrying out these activities for 5months now. For the past five months we have made six visits to these people. A brief on the various visits can be seen below;

**FIRST VISIT:** RUGBWA identified a host family of 15 IDPs thanks to the KOLA NUT TREE SERVICES ([www.knts.org](http://www.knts.org)); During this visit, we did our need identification and also got a background of each and everyone's stories.



SECOND VISIT: we made our second visit to our IDP home, sharing love and joy with them. Bringing smiles to their faces and hoping for a better tomorrow. We brought food items and other basic needs.



Our third visit was to commemorate the menstrual hygiene day. With 32 IDP adolescent girls, where we talked on period stigma, menstrual cycle and how to produce menstrual beads

We also gave them some menstrual hygiene tips which they could use to manage their periods. This session was quite interactive with the girls wanting to know more about their period/ cycle.



FOURTH VISIT: RUGBWA reaching out to her new family for the fourth time ...moments spent with them are always blissful.



The fifth visit was a tin of Joy for the RUGBWA FAMILY to see their new family happy after receiving their gifts. Their happiness cannot be measured



The project so far has been a success, seeing smiles on their faces whenever we got there was a great accomplishment for us.

We also did trainings with the adolescent girls and young women in that home, invited other IDPs around them to join in benefiting from these trainings. The training was mostly based on their Sexual Reproductive Health Rights (SRHR), where we trained them on how to calculate their Menstrual Cycles, we thought them the production and usage of menstrual beats, thought them menstrual hygiene as whole and shared many inspiring stories during our visits.

This project has come to an end because we have gone out of funds. We hope on getting more funds so as to continue the wonderful work we have started with this family. Plus, we intend to send these children back to school.

Below are pictures of other activities we carried out with the adolescent girls and young women in this house hold including other IDPs











